

## **The Migrant Farmworker**

Gayle Thomas, MD

(Fam Med. 2018;50(2):153.) doi: 10.22454/FamMed.2018.166106

We arrive with the twilight to the camp hidden in the fields bats swoop low stars come out the distant summer thunderstorm flickers and rumbles He and his fellow farmworkers gather the monotony of dawn to dusk labor broken by our presence as tables lanterns charts and blood pressure cuffs are set out He offers us water hospitality his handshake we work to deserve his trust Bearing witness to his industry and expertise we inquire after his family admire photos of those for whom he toils and race to finish so he can rest before his daily predawn rising His hands harvesting sweet spring strawberries rash and itch Is it pesticide or plant? His back bent for hours priming tobacco aches at night Is it oppressive ergonomics or systems? His eyes exposed for years to sun and dust cloud with pterygia Do they dim his vision of his future? His shoulders bearing heavy bins of sweet potatoes wear at the rotator cuff Are forty five cents per bin worth what he pays in pain? His arms plunging into ripe berry bushes are scratched and scarred But how to tend the scars of separation on his soul? His body brushed by dewy tobacco leaves involuntarily absorbs nicotine Why should he bear the burden of our cravings? His mind once aspiring to creativity is now depressed by isolation What could he have created? His heart justly proud of hard work and provision is broken by injustice Does our care though compassionate serve as scaffold for the sin? We are the consumers Is he the consumed?

**CORRESPONDENCE:** Address correspondence to Dr Thomas, University of North Carolina School of Medicine, Family Medicine, 590 Manning Dr, Chapel Hill, NC 27599. 919-966-0210. gayle\_thomas@med.unc.edu.