

The Confession

Chelsea Schifferle

(Fam Med. 2018;50(9):709.) doi: 10.22454/FamMed.2018.403081

her timeworn eyes linger on the stains of insecurity i yearn to erase from the fibers of this new white costume.

as i somehow manage to swallow the shards of both our doubts and my confidence dissolves into—(Silence); and

i can no longer hide the salt water leaking from my eyes as the taste of acid churns in my throat i nod. and realize there is nothing to do but pause to breathe with her and mourn our Grief

DISCLAIMER: The views represented in this poem are those of the author and not representative of the Uniformed Services University, Department of Defense, US Navy, or Armed Forces.

ACKNOWLEDGEMENT: This poem was presented at the STFM Annual Spring Conference Poetry and Prose event in Washington, DC on May 12, 2018.

CORRESPONDENCE: Address correspondence to Chelsea Schifferle, Uniformed Services University of the Health Sciences, 4301 Jones Bridge Road, Bethesda, MD 20814. 301-295-3185. Chelsea.schifferle@usuhs.edu.