

# Family Medicine

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*Appendix A to: Goldstein JT, Hartman SG, Meunier MR, et al. Supporting Family Physician Maternity Care Providers. FamMed. 2018. 50(9);662-71.*

## Action Plan for Establishing and Maintaining a Maternal Child Health (MCH) Practice

1. Identify a MCH mentor.
  - a. WHO? (local or regional?)  
\_\_\_\_\_
  - b. WHAT? (Identify personal and professional goals to discuss with your mentor.)  
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\_\_\_\_\_
  - c. WHEN? (Schedule a meeting. At the end of the meeting, schedule follow-up.)  
\_\_\_\_\_  
\_\_\_\_\_
  - d. WHY? (Identify the mutual benefits of an MCH mentor-mentee relationship.)  
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\_\_\_\_\_
2. Identify the local privileging requirements.
  - a. Who controls privileging at your institution (What department? Contact person?)  
\_\_\_\_\_
  - b. What are the numbers?
    - i. Deliveries to obtain privileges: \_\_\_\_\_
  - c. Maintain privileges: \_\_\_\_\_
  - d. Required certifications? ☐ ALSO ☐ NRP ☐ ACLS ☐ \_\_\_\_\_
  - e. Obtain policies for consultation/co-management/transfer of care.
  - f. Requirements for proctored procedures or deliveries? YES / NO
3. Identify local opportunities for interdisciplinary collaboration.
  - a. Administrative opportunities (institutional guidelines, event review/safety committee, privileging committee, etc.)  
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\_\_\_\_\_

- b. Multidisciplinary education (resident didactics, TEAMStepps, L&D drills/simulations, ALSO, etc)

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- c. Opportunities to provide L&D coverage (resident clinic, OB/CNM meetings, etc)

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4. List strategies for maintaining experience and building a practice:

- a. Identify strategies to deliver your own patients. (free pregnancy tests, pregnancy posters in the office, preconception counselling, educate desk/phone staff, etc)

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- b. Identify referral relationships for prenatal/intrapartum care (primary care colleagues, Planned Parenthood, free clinics, etc)

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- c. Identify the local patient need or an underserved population (women's shelters, substance abuse treatment programs, etc)

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- d. Identify resources for high volume clinical experience (provide L&D coverage, partner with regional residency, use your contacts, etc)

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- e. Identify resources for continuing medical education. (maternity care conferences, ALSO, online tools, etc)

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