

Family Medicine

THE OFFICIAL JOURNAL OF THE SOCIETY OF TEACHERS OF FAMILY MEDICINE

Appendix to:

Hofkamp H, Verdier A, Cheng A, Ramalingam N, Rdesinski R, Garvin R. Effects of Clinic First Educational Interventions on Resident Wellness and Engagement. *Fam Med.* 2020;52(6):422-6. doi: 10.22454/FamMed.2020.676654

Focus group questions

Our first few questions are related to your wellness:

1. What work related factors contribute to your wellness?
2. What effect has the 2x2 curriculum had on your wellness?

With our next set of questions, we want to explore how the 2x2 curriculum affects different facets of your clinical care and personal wellness:

1. How does the 2x2 curriculum allow predictability in your schedule?
2. How does the 2x2 clinic affect your perception of the overall number of hours you work per week?
3. How does the 2x2 curriculum affect your perception of clinic?
 - a. Probes: How often you are in clinic; How much you enjoy clinic; how comfortable you feel in clinic
4. How does the 2x2 curriculum affect how you engage with/in the clinic?
 - a. Probes: meetings, QI projects, transformation efforts
5. How does the 2x2 curriculum affect your ability to balance your clinic outpatient and inpatient responsibilities?
6. How does the 2x2 curriculum affect your engagement and management of patients?
 - a. Probes: ability to feel present; management of patient panel
7. How does the 2x2 curriculum affect your personal wellness?
 - a. Probes: Exercise; attend wellness appointment (e.g., dentist, doctor, etc.); sleep; regular connections between classes/residents

Exit questions:

1. Are there any other ways that the 2x2 curriculum has affected your wellness?
2. What other things (work related) have affected your wellness in the last year (as you are comfortable sharing)?