

S1. Correlations Between Measures

	DEP	EE	PA	CESD	NEG	POS	PSS	SWLS	EC	PD	PT	REP	ATT	CLAR	TMM	FMI	GQ-6
DEP																	
EE	.700+																
PA	-.253+	-.222+															
CESD	.528+	.602+	-.338+														
NEG	.486+	.426+	-.276+	.591+													
POS	-.463+	-.557+	.471+	-.552+	-.213+												
PSS	.518+	.602+	-.368+	.759+	.688+	-.552+											
SWLS	-.265+	-.364+	.170*	-.530+	-.247+	.414+	-.467+										
EC	-.279+	0.019	.369+	-0.108	-0.089	0.157	-0.025	0.134									
PD	.253+	.248+	-.335+	.347+	.380+	-.273+	.397+	-.186*	-0.021								
PT	-0.131	0.029	.450+	-.208*	-.250+	0.098	-.194*	0.154	.314+	-.211*							
REP	-.255+	-.348+	.407+	-.478+	-.366+	.368+	-.450+	.473+	.236*	-.363+	.381+						
ATT	-0.139	-0.004	.201*	-.220*	-0.048	.222*	-0.084	.208*	.503+	-0.172	0.118	.256+					
CLA	-.336+	-.261+	.290+	-.455+	-.412+	.285+	-.467+	.312+	.265+	-.286+	.229*	.405+	.261+				
TMM	-.328+	-.244+	.381+	-.501+	-.351+	.377+	-.425+	.416+	.476+	-.349+	.296+	.644+	.742+	.788+			
FMI	-.338+	-.365+	.496+	-.413+	-.291+	.506+	-.462+	.304+	0.12	-.333+	.457+	.393+	0.122	.404+	.397+		
GQ-6	-.350+	-.365+	.442+	-.472+	-.236+	.469+	-.410+	.478+	.371+	-.310+	.363+	.518+	.340+	.312+	.497+	.401+	

\*P<0.05

+P<0.01

DEP – MBI Depersonalization

EE – MBI Emotional Exhaustion

PA – MBI Personal Accomplishment

CESD - Center for Epidemiologic Studies – Depression Scale

NEG – PANAS Negative

POS – PANAS Positive

PSS – Perceived Stress Scale

SWLS - Satisfaction with Life Scale

EC – IRI Empathic Concern

PD – IRI Personal Distress

PT – IRI Perspective Taking

REP – TMM Repair of Emotions

ATT - TMM Attention to Feelings

CLAR – TMM Clarity Experience Feeling

TMM – TMM Total Score

FMI - Freiberg Mindfulness Inventory

GQ-6 - Gratitude