



Abortion Hotline in 55-Word Stories

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8 am

On-call shift begins

Text from overnight, simply

Help.

Message back: *I'm the doctor on call. How can I help?*

Hours pass, no reply.

Imagine a place where women do not need to text
faceless strangers in the middle of the night
for abortion help.

I google the area code: Dallas, Texas.

This isn't that place.

11 am

Another message

We exchange texts

She had a medication abortion two weeks ago,
cramped and bled for days,
no longer feels pregnant,
but her test is positive.

A simple answer: *Pregnancy hormones remain in urine for a month
or more.*

Clear relief: *Thank you.*

A nameless doctor answering questions when the local clinic risks shame

12 noon

Another text: she's remembering her abortion
three years ago, and
feels sad, needs support

Many women feel that way, even years later

But we know our bodies, what choices are right for our lives

Message resources for online and hotline support

She must be so alone,

reaching out to a stranger rather than a friend

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2 pm

I need an abortion but don't have \$
I don't google the 305 area code—it's my city
No Medicaid funding for abortions in Florida
but multiple clinics in our county
We message about sliding scale fees and abortion funds
A moment for ensuring reproductive justice,
abortion must be legal and accessible
in all 50 states

5 pm

First phone call, as my shift ends
She wants to get abortion pills online,
but she's scared and nervous
Are they safe? Legal? How do I take them?
She's reassured about the medical concerns
Referred to a legal hotline
Texted a link for online pills
For our autonomy, the
right to choose
must be preserved

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