

# Results of a Needs Assessment for a DEI Workshop for GME Program Coordinators

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#### **Abstract**

**Introduction:** Competency in diversity, equity, and inclusion skills is critical for graduate medical education program coordinators. Coordinators contribute to high-level personnel and program management while also providing informal social support to residents. However, little has been reported about program coordinator learning needs, interest, and self-reported skills and attitudes regarding diversity, equity, and inclusion initiatives in graduate medical education. This study sought to describe the characteristics, job tasks, attitudes, and learning needs of program coordinators attending a professional development session about diversity, equity, and inclusion.

**Methods:** Participants registered for a September 2022 program coordinator professional development workshop on diversity, equity, inclusion, and bias were invited to complete an electronic needs assessment prior to the workshop. Items were based on expert opinion and literature review. We performed descriptive and comparative analysis.

**Results:** The response rate was 54% (106/198); 90% (94/104) of respondents identified as female; 42% (44/104) identified as an underrepresented minority. Fifty-seven percent (63/104) received mandatory training on bias while 13% (14/104) were previously trained on bias at a conference specific to the role of a coordinator. Eighty-nine percent (86/104) of coordinators reported having contact with applicants during recruiting; 67% (63/104) offer informal resident evaluations. Most participants agreed it is the coordinator's professional responsibility to confront colleagues who display signs of discrimination toward women (66%; 62/104) or based on cultural/ethnic identity (65%; 61/104).

**Conclusions:** Program coordinators report visible and impactful roles in the residency leadership and management team. Few coordinators have received diversity, equity, and inclusion training related to their complex work in graduate medical education. Future graduate medical education diversity, equity, inclusion, and bias competency programs should specifically include program coordinators.

## Introduction

The Accreditation Council for Graduate Medical Education (ACGME) identifies the program coordinator (PC) as a liaison, administrator, manager, and member of the leadership team. <sup>1,2</sup> It further acknowledges that PCs play a substantial role in resident support. <sup>2-4</sup> PCs contribute to personnel and program management and

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professional development initiatives<sup>3</sup> while also providing informal social support to residents. <sup>4</sup> PCs must therefore develop and demonstrate competency with diversity, equity, inclusion and bias (DEI). We were unable to find previous literature describing PC learning needs, levels of interest, and self-reported skills and attitudes regarding DEI and bias initiatives in graduate medical education (GME). This study sought to describe the characteristics, knowledge, and attitudes of program coordinators attending a professional development workshop about DEI and bias.

### **Methods**

#### **Participants**

The invited participants included all PCs (N=198) registered for a professional development workshop in September 2022 on DEI in GME for program coordinators. The workshop was held by the Chicago Area Medical Education Group (CAMEG), a local consortium of GME leaders. The workshop was open to all GME PCs in the consortium. A needs assessment was electronically sent 1 week prior to the session. Results were used to tailor the workshop. No identifiers were collected.

#### Tool

The needs assessment included attitude items about DEI, bias, privilege, social justice and allyship, previous training, current roles, and demographic questions. Perception and opinion items were based on literature review of previously-created tools and expert opinion. <sup>5,6</sup> The 31-item survey was drafted by one member of the CAMEG research committee based on a literature review and expert opinion from the workshop presenter. It was revised iteratively by members of the research committee to arrive at the final set of questions. The Social Issues Advocacy Scale, a validated measure of participants' DEI perceptions and opinions, was used with the permission of the original authors. Because other validated tools could not be found in the literature, the research committee wrote and revised their own to assess other areas of interest. The survey was tested by other members of the committee prior to distribution.

#### **Analysis**

Descriptive statistics including item means, percentages, and frequencies were calculated for all quantitative survey items. We used  $X^2$  analysis to assess the relationship between categorical variables. We performed all analyses using IBM SPSS Version 28 software for Windows (Armonk, NY; IBM Corp). This study deemed "not human subjects research" by institutional review boards at both Northwestern University and Rush University.

#### Results

## Response Rate and Demographics

The response rate was 56.1% (111/198); 90.1% (100/111) of respondents identified as female; 41.5% (44/106) identified as a member of an underrepresented group. Tenure as a coordinator varied; 24.6% (27/110) had more than 15 years of experience, while 20.0% had been on the job less than 1 year. Institution type varied (53.3% academic centers; 57/107).

**Previous training.** Nearly fifty-eight percent (64/111) received mandatory training on bias only while 12.6% (14/111) were previously trained on bias at a conference specific to the role of a PC (Table 1); 50.9% (29/57) of PCs employed at academic institutions received institutional GME specific training compared to 29.2% of their peers (14/48) at community-based institutions ( $X^2=5.1$ , P=.02).

## Job Description

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**Recruiting.** Nearly 78% (86/111) of PCs reported having contact with applicants during recruiting; 33.3% (37/111) report screening applicants in ERAS. Nearly 57% (63/111) reported participating in the rank process; 17.1% (19/111) reported having a voting role in ranking applicants.

**Evaluation.** Nearly 57% (63/111) of respondents offer informal evaluations; 23.4% (26/111) reported never evaluating trainees. Nearly 22% (24/111) give verbal feedback to the clinical competency committee (CCC) or program director (PD), and 8.1% (9/111) complete evaluation forms used by the program.

**DEI attitudes**. Eighty-seven percent (81/93) of participants agreed/strongly agreed that societal forces affect individual performance. Most agreed/strongly agreed it is the PC's professional responsibility to confront colleagues who display signs of discrimination toward women (66.0%; 62/94) or based on cultural/ethnic identity (64.9%; 6/94). Similar proportions reported feeling a professional responsibility to confront colleagues who display signs of discrimination toward individuals based on sexual identity (66%; 62/94) or differing abilities (64.5%; 60/93; Table 2).

## **Discussion and Conclusion**

Approximately 16.2% (18/93) of PCs reported previous professional development on DEI in the context of the PC role. That is, although more than half (62.2%; 69/111) reported having received some kind of DEI training, most of that training was not directly connected to the complex work of a GME PC. PCs require training tailored to their roles, with attention to the need for DEI awareness and competency in a range of areas, from individual resident support to human resources-level management to leadership. This job-specific competency would not likely be achieved in general staff training on DEI, which may serve more to provide information than to connect that information to specific action. Coordinators working at academic centers were more likely to report previous training than those working at nonacademic centers, such as community-affiliated hospitals or federally qualified health center programs.

Our study also found PCs have a substantial, impactful role in areas where knowledge, skill, and competency in DEI and bias are essential. PCs report high levels of involvement in residency recruitment, with nearly 93.7% (104/111) of PCs indicating at least some role in new resident recruiting. Approximately one in five PCs give feedback to the CCC and almost 76.6% (85/111) have some role in resident evaluation. Other studies confirm the result that PCs frequently have roles in recruiting, assessment, and resident development.<sup>7,8</sup> Professional development that supports self-assessment and antidiscrimination/bias training is therefore imperative to prevent the worsening of existing inequity in areas such as evaluation and promotion.<sup>9-13</sup> Training programs and metrics to teach and assess DEI competencies are increasingly common for faculty,<sup>14,15</sup> but opportunities for coordinators appear to be limited, despite their unique roles in GME administration.

Previous literature suggests administrative staff, including PCs, most frequently evaluate nonclinical aspects of resident development, such as professionalism competencies. <sup>8</sup> Without well-developed DEI skills, knowledge and awareness, PCs could contribute to the continuation of historical biases, particularly around professionalism. <sup>16</sup> With increasing training in these areas, PCs can be leaders in efforts to promote equity and an environment of belonging for marginalized groups in medical education.

Approximately 54.3% (51/94) of respondents in this study stated they provide emotional support for trainees, consistent with previous studies that show PCs report providing direct, personal support to residents. <sup>17</sup> One study conducted in Japan found that PCs provided support to isolated residents, and further found that PCs contributed to creating a safe learning environment. <sup>18</sup> Literature suggests that underrepresented in medicine (URiM) residents are more likely to experience isolation and less likely to have access to a supportive social community. <sup>19</sup> Future work may focus on strengthening the role of PCs as important allies for URiM residents and as leaders in GME DEI.

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This study demonstrates PCs report inconsistent levels of empowerment to change discriminatory behaviors and patterns in the workplace. About 64%-66% of respondents agreed they had a professional responsibility to do so, but fewer than half (45.7%, 43/94) agreed they felt empowered to make changes. Approximately 13% of respondents reported they did not feel a professional responsibility to confront colleagues who displayed signs of discrimination toward marginalized groups. This may reflect a legacy of coordinators in support rather than leadership roles, contrary to current expectations from the ACGME and most institutions. This may also reflect a need for further training to provide coaching, scripting, and empowerment. These results support the need for continued development specific to the role of the program coordinator. Coordinators at programs outside of academic medical centers reported lower rates of previous training compared to those at academic medical centers. Local, regional, or national consortia may be effective ways of providing coordinator support and professional development.

#### Limitations

This was a self-report needs assessment survey with a response rate of 56.1%, and we do not have data on nonresponders. As a self-report survey, the data are subject to biases including recall and social desirability bias. Participants were voluntarily attending a DEI and bias workshop to improve their knowledge and skills. Participants who choose to attend a DEI workshop may not be representative of all PCs.

In conclusion, we observe that PCs report visible and impactful roles in residency leadership and management and few coordinators have received DEI training related to their complex work in residency education.

## **Tables and Figures**

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Table 1. Participant Descriptive Characteristics Including Job Location, Job Tasks, and Previous Training in Specific DEI Areas

		n	%
Institution type	Academic medical center	57	51.4%
	Community hospital or FQHC with academic affiliation	34	30.6%
	Community hospital or FQHC no academic affiliation	11	9.9%
	General teaching hospital	5	4.5%
	Missing	4	3.6%
Underrepresented minority identification	Yes	44	39.6%
	No	52	46.8%
	Prefer not to answer	10	9.0%
	Missing	5	4.5%
Length of time as a coordinator (all years at any program)	<1 year	22	19.8%
	1-3 years	7	6.3%
	3-5 years	14	12.6%
	5-10 years	21	18.9%
	10-15 years	19	17.1%
	>15 years	27	24.3%
	Missing	1	0.9%
Role in recruitment	Applicant screening in ERAS (decision making)	37	33.3%
	Communication with applicants (ie, scheduling interviews, answering questions)	86	77.5%
	Meet with applicants on interview day (no formal interview)	72	64.9%
	Formally interview applicants	8	7.2%
	Participate in rank	63	56.8%
	Vote in rank (vote is equal to all others)	19	17.1%
	None	7	6.3%
Role in trainee evaluation (feedback)	Informal evaluations (ie, talk to PD if major issues)	63	56.8%
	Regular verbal feedback to CCC or PD on resident performance	24	21.6%
	Complete regular evaluation forms that are used by CCC or PD	9	8.1%
	None	26	23.4%
Role in emotional support for trainees (ie, personal issues)	Often provide emotional support (more than 50%) to trainees	16	14.4%
	Provide emotional support to a few residents that I have developed relationships with	35	31.5%
	Not often	31	27.9%
	None	12	12.8%
	Missing	17	15.3%
Previous bias training	Yes, general (not GME-specific): example- annual institutional training	64	57.7%
	Yes, directed at larger GME community: institutional	44	39.6%
	Yes, directed at larger GME community: meeting/ conference	12	10.8%
	Yes, training for my role as a PC: institutional	13	11.7%
	Yes, training for my role as a PC: meeting/ conference	14	12.6%
	None	14	12.6%
Previous diversity and inclusion training	Yes, general (not GME specific): example- annual institutional training	69	62.2%
	Yes, directed at larger GME community: institutional	31	27.9%
	Yes, directed at larger GME community: meeting/ conference	17	15.3%
	Yes, training for my role as a program coordinator: institutional	10	9.0%
	Yes, training for my role as a PC: meeting/ conference	11	9.9%
	None	11	9.9%

Abbreviations: FQHC, federally qualified health center; GME, graduate medical education; PC, program coordinator; PD, program director; CCC, clinical competency committee, ERAS: electronic residency application service.

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Table 2. Participant Perceptions of Social Issue Awareness, Social Justice Self-efficacy, and Sense of Community Responsibility

	Strongly agree/ Agree		Neutral		Strongly disagree/ Disagree	
	n	%	n	%	n	%
Societal factors (eg, public policies, human rights, resource allocation) affect individuals' educational performance		87.1	9	9.7%	3	3.2%
It is important that I act as a leader within my program community	89	94.7	5	5.3%	0	0.0%
Professional responsibility as a member of the <i>GME</i> community to ensure positive outcomes for those I interact	87	93.5	6	6.5%	0	0.0%
I believe I can change discriminatory practices in my profession	43	45.7	40	42.6	11	11.7
Professional responsibility to confront colleagues to display signs of discrimination toward women	62	66.0	19	20.2	13	13.8
Professional responsibility to confront colleagues to display signs of discrimination toward individuals based on their cultural or ethnic identity	61	64.9	20	21.3	12	12.8
Professional responsibility to confront colleagues to display signs of discrimination toward individuals based on their sexual identity	62	66.0	20	21.3	12	12.8
Professional responsibility to confront colleagues to display signs of discrimination toward individuals based on their differing abilities	60	64.5	21	22.6	12	12.9

Abbreviation: GME, graduate medical education Survey items were adapted with permission from the Social Issues Advocacy Scale developed by Marszalek and colleagues.<sup>20</sup>

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