

# Appendix. Desired Practices for Outpatient Precepting of Residents

#### Setting the learning climate

- 1. Be calm, speak clearly and slowly, and leave your stress outside
- Treat us as a peer by getting to know us and letting us get to know you (but don't overstep boundaries/overshare), share your joy of medicine, and check-in with us outside of precepting.
- Check in with us frequently about our state of mind and state of emotion, and about how the session is going.
- 4. Create a safe space where it's okay for us not to know by transparently sharing your uncertainty. One way to do this is to look up something together with us.
- 5. Show respect to us and our patients by not disparaging anyone.

### Before the patient care session starts

- Review the medical record of patients who are to be seen that session and make suggestions in the record before the session begins.
- 7. Meet with us before our patient care session to answer our questions

### **During Precepting**

- 8. Be available and present for precepting and see patients with us when we ask.
- 9. Asking if the time is right before teaching.
- 10. Allow us to present uninterrupted and actively listen before chiming in. Don't rush us.

- 11. Ask us before offering teaching points. When teaching, keep things concise and relevant and tailored towards our needs and interests. Notice when we are overwhelmed or time-pressured and just need an answer.
- Provide practical tips about clinical practice (e.g., billing, time management) as well as medical knowledge-based content.
- 13. When seeing a patient with us, ask what our needs are and collaborate on a plan for care and how you will be involved.
- 14. In the room, introduce yourself as our colleague. Respect the relationship and rapport we have with the patient by letting us lead the discussion.
- Realize that we usually have a framework for our decisions; if your plan differs from ours, acknowledge and validate our decisions.
- 16. When offering comments about our management plan, share your thought process so we understand your rationale.
- 17. Do not feel like you have to comment or make any changes to our plans. Sometimes"sounds like a great plan" is all we need to hear.
- 18. Be aware of clinic flow and help us. Even doing little things (looking up questions we have in real time, coordinating care with medical assistants and nurses, finding resources) can make a big difference in our stress levels.
- Be careful when adding additional tasks to our proposed plan unless it is absolutely necessary.
- 20. Be clear and direct with your expectations; do not beat around the bush.
- 21. Support us while performing procedures by allowing us to perform them and being present to step in when we ask.

## Post-Session Debrief and Follow-up

- 22. Validate experiences that were challenging for us.
- 23. Role model and teach us by sending us information about a specific patient to read later.
- 24. Provide feedback on what we're doing right, along with suggestions for change.
- 25. Ask us when the best time is for us to receive feedback. Typically the best time is after the session.
- 26. Invite us to provide you with feedback but give us permission to say we don't have any.