

Edifying Encounters

Taylor Aldegghi

AUTHOR AFFILIATION:

University of Central Florida College
of Medicine, Orlando, FL

CORRESPONDING AUTHOR:

Taylor Aldegghi, University of Central
Florida College of Medicine, Orlando,
FL,
ta148850@ucf.edu

HOW TO CITE: Aldegghi T. Edifying
Encounters. *Fam Med.* 2026;0(0):1.
doi: [10.22454/FamMed.2026.0382](https://doi.org/10.22454/FamMed.2026.0382)

FIRST PUBLISHED: September 23,
2026

KEYWORDS: 60-Word Stories

© Society of Teachers of Family
Medicine

new patient, stranger 5 minutes ago

yet my role makes this an atypical introduction: confidentiality guaranteed,
judgment absent

he tells a story of addiction, recovery, and “whys”

“a chance to start back at square one was more than enough”

through patients, I glimpse lives I’ve never lived—mistakes, triumphs, regrets, resilience,
and hard-earned wisdom

a crash course on human experience