

Appendix A. Loneliness Survey Questions

Please respond to the following questions thinking about your professional life as Department Chair and not your personal life:

Question Number	Survey Question	Response Options
1	How often do you feel that you lack companionship?	Hardly ever
		Some of the time
		Often
2	How often do you feel left out?	Hardly ever
		Some of the time
		Often
3	How often do you feel isolated from others?	Hardly ever
		Some of the time
		Often
4	Since becoming Department Chair, how have these feelings (eg, lack of companionship, feeling left out or isolated) changed for you?	Decreased
		Stayed the same
		Increased
5	How many colleagues do you have at your institution who you trust enough to confide in about sensitive work-related issues (eg, human resources, finances, structural changes)?	[Free Text Response]
6	How many colleagues do you have outside of your institution who you trust enough to confide in about sensitive work-related issues (eg, human resources, finances, structural changes)?	[Free Text Response]
7	How many local, regional, or national professional organizations are you an active member of (eg, participate on committees, attend recurring conference calls, participate in group presentations)?	[Free Text Response]
8	How many local, regional or national professional meetings do you attend each year?	[Free Text Response]
9	How active are you in ADFM (eg, participate on committees, attend recurring conference calls, participate in group presentations)?	Not active
		Somewhat active
		Very active
10	At this time, how many more years do you intend to stay in the role of Department Chair?	[Free Text Response]