

Appendix A: Elective Lessons: 1 2 Part A Lessons: 3 1. Fertility and Family Planning: the Science of FABMs 4 2. Billings Ovulation Method 3. The Creighton Model 5 6 4. Basal Body Temperature and Sympto-Thermal Methods 7 5. Marquette Model 6. Standard Days Method (SDM) and Two-Day Method 8 7. Application of SDM, Two-Day Method, and Lactational Amenorrhea Method 9 8. Infertility 10 11 9. Psychosocial Aspects of Infertility 12 10. NFP in Underserved Populations 11. Miscarriage or Early Pregnancy Loss 13 12. Male Factor Infertility 14 15 Part B Lessons: 16 1. The Female Cycle as the 5th Vital Sign 17 2. NaPro Technology 18 3. FEMM Medical Management 4. NeoFertility 19 20 5. Adolescence 21 6. Perimenopause 7. Use of NFP During the Postpartum Period 22 23 8. Endometriosis 9. Polycystic Ovarian Syndrome (PCOS) 24 10. Premenstrual Syndrome 25

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12. Abnormal Uterine Bleeding