

healing

T. Aaron Zeller, MD^{a,b,c}

AUTHOR AFFILIATIONS:

^a Clemson Rural Health, Clemson, SC^b Clemson University College of Behavioral, Social and Health Sciences, Clemson, SC^c Clemson University School of Health Research, Clemson, SC

CORRESPONDING AUTHOR:

T. Aaron Zeller, Clemson Rural Health, Clemson, SC, timmyzeller@gmail.com**HOW TO CITE:** Zeller TA. healing. *Fam Med.* 2024;56(X):1-1.
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how does healing enter the world?

it cannot be manufactured or rushed
 encapsulated bottled or crushed
 automated billed for or bought
 or crammed into a 15-minute slot
 it cannot be packaged stacked or sorted
 traded stockpiled or hoarded

but it can be refused
 resisted
 even denied.

what form does healing take?

it is a warm smile a cold drink
 a listening ear a few well-placed words
 it is patient and petulant painful and soothing
 it is both time and space laughter and tears
 giving in hanging on
 solitude community

fasting feasting
 at times amputating excising
 at others transplanting or transfusing
 it can take a moment and a lifetime
 it can come through contentment
 and through refusing to settle

it is thus paradoxical
 mysterious
 even magical.

how does healing enter the world?

it enters the world through care
 and those who give it
 through humanity
 and those who choose to live it
 so no wound should ultimately fester
 should it?

when compassion
 can serve
 as a conduit.